

# Fried vendace 3,5kg, frozen



Product code	8203
EAN code	06405263082031
Selling unit	box
Country of origin	Finland
Brand	Lagerblad Foods
Shelf life (days)	365
Net weight	3500 g
Nutritional claim	free from lactose
Energy	1014 kJ (242 kcal)
Carbohydrate	3.7 g
Protein	21 g
Fat	17 g
Saturated fat	2.2 g
Salt	2.2 g
Fibre	0.9 g
Lactose	< 0.01 g
Sugar	0.2 g

## Ingredient Statement

VENDACE 98 % (Coregonus albula), RYE flour, white pepper, salt, rapeseed oil, BUTTER

## Allergen

**Contains:** Fish and their derivatives in the product,, Milk and its derivatives, Rye and its derivatives, Cereals containing gluten and its derivatives

## Preparation Instructions

Cooking: Heating in the oven directly from the freezer.

## Consumer Storage Instructions

below -18 °C. Do not freeze after thawing. Thawed below +6 °C for 2 days.